

Getting Your Child to Use a Booster Seat



Use of a booster seat reduces injuries in a crash, and it is the law in British Columbia.

Learn the facts and use these tips to help your child understand why a booster seat must be used.

Booster seats are for children:

- over 18 kg (40 lb.), and
- under 9 years of age, and
- under 145 cm (4'9") tall

Children need a booster seat because:

- better seat belt fit reduces injuries in a crash
- it is the law
- seat belts are designed for adults
- it raises the child up so the lap/shoulder belt fits correctly

Children are ready to use a seat belt with no booster seat when:

- they are over 9 years of age
- they are over 145 cm (4'9") tall
- they are tall enough that their back is against the vehicle seat back and their knees bend naturally at the front
- their feet touch the floor



Safety Guidelines

Make it a rule:

- "I will start the car only when you are in your booster seat and seat belts are fastened."

Say to your child:

- "You have to use the seat because it is the law in B.C."
- "It helps to keep you safe if we have to stop suddenly."
- "The lap belt and shoulder belt fit you much more comfortably when you use the booster seat."
- "The booster seat raises you up so you can see out the window better."
- "You can come with me to the store and help choose your booster seat."

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